

# Student Workshops

## Learning Outcomes



## High School Workshops

### Grades 9 & 10: Brain Science & My Digital Loop

I can identify digital dependence for myself and/or others.

I can create and analyze my Digital Loop to make changes to my habits and improve my health and well-being.

### Grades 11 & 12: Digital Agency

I can identify digital dependence for myself and/or others.

I can create and analyze my Digital Loop to make changes to my habits and improve my health and well-being.

I am more aware of the impact of my digital footprint on myself and others.

I feel more agency and control over my digital life.